

# LINDENWOOD

Presents



## Inaugural Capital to Capital Bike Ride on the Katy Trail

Get your bike, your sleeping bag and your tent and join us in Hartsburg Mo. We will meet at the American Legion Park at 4:00 PM, on Friday, June 10<sup>th</sup> for the Active Living Kickoff Event of the Year! We will ride from Hartsburg which is near Jefferson City and our state's capital, to Glore MO, on our first day. Day two we will ride from Glore to St. Charles, our state's first capital. **Accommodations and logistics provided by Wapiti Adventures.** Total mileage is approximately 120 miles over the two days.

**When:** Friday June 10, Saturday June 11<sup>th</sup>, and Sunday June 12<sup>th</sup>

**How much:** \$100 per rider, \$10.00 for guests at kickoff event.

**Includes:** Official Capital to Capital Duffle Bag, water carrier, T-Shirt and more...

- Kickoff party and Dinner Friday Night in Hartsburg MO.
- Breakfast and Dinner on Saturday and Sunday.
- Refreshments every 20 miles on the trail.
- Camping style accommodations on Friday and Saturday Night.
- Transportation of camping gear throughout the ride.
- One guaranteed good time.

Friday Night 6:00 PM: Buffet Style Dinner by **the Wolf Public House**  
Guest Speaker  
Bonfire  
Mandatory Pre-ride Safety Meeting

Saturday: 7:00AM Breakfast  
8:00AM Ride Begins  
Evening Dinner served and Bluegrass Entertainment

Sunday: 7:00AM Breakfast  
8:00AM Ride Begins  
Afternoon Dinner/Party @ St. Charles riverfront's Frontier Park

## Capital to Capital Participant Sign Up

Note: participants must supply a bike and a tent

Name

Email

Address

Emergency Contact 1

Phone 1

Emergency Contact 2

Phone 2

Cost Per participant: \$100.00

Make checks payable to: Wapiti Adventures or sign-up online at [www.wapiti.com](http://www.wapiti.com)

Drop off or mail checks to : Ralph Pfremer 15480 Clayton Rd, Suite 301 Ballwin Mo 63011

Ralph Pfremer

Brett Barger

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636-949-4366

Participant signature:

