



***THE SUMMIT @ THE EAGLE SUMMIT – SQUAW VALLEY  
Thursday, June 11, 2009 – 10:30 a.m. to 5 p.m.***



***UNPLUGGED  
The WAPITI Oxygen Inspired Experience***

**THE WHAT?**

Tom Hill and his Eagles will be soaring, or more accurately taking a hike – an ascent really – starting in the Squaw Valley at the end of Squaw Peak Road. We will follow the trail from Squaw Creek about 2½ miles each way to Shirley Lake, along a mountain creek, passing gorgeous waterfalls and canyon boulders. We will be following the creek up and down the mountain. The trail is considered moderate to difficult and pre-conditioning is recommended. There are some steep pitches and lots of granite to negotiate. We recommend that you wear appropriate clothing and shoes. Hiking boots/shoes are strongly recommended. We will start at 6200 feet and climb up to 8800 feet. You will have the opportunity to extend or shorten your hike if need be. There will also be a personal development component to the adventure. ***This is an outing that you don't want to miss!***

**THE DETAILS**

We will meet at the Resort at Squaw Creek on Thursday, June 11<sup>th</sup> at 9 a.m. and take a shuttle across the valley. It will be a short hike to the trailhead...Lunch and water will be provided. We will return in the late afternoon and have everyone back for dinner.

For questions or additional information, please contact Kevin Miquelon at [kevinm@pfoodman.com](mailto:kevinm@pfoodman.com) or 314-753-3644 to make your reservation. Once signed up, attendees will receive additional details on what to wear, pre-hike conditioning, and other important information.